



Can you Safely use Nüton Programs and Resources During COVID-19?

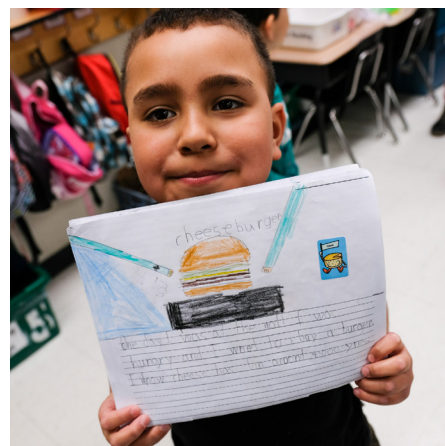
The short answer is YES.

Nüton's ultimate goal is to help inspire Manitoba teachers to have a positive impact on students' food journeys using experience-based learning by discovering and exploring a variety of foods. That will never change.

The documents provided by the Manitoba government outline^{1,2,3}:

- All foods should be individually wrapped or packaged.
- No family-style, buffet-style or potluck meal service.
- Adults should serve all food items; children are not to prepare foods.
- No food sharing.

However, this doesn't mean you can't help children explore a variety of foods.



Here's how you can safely use Nüton's programs and resources during COVID-19:

Some of our programs suggest making recipes. For safe food handling, adults preparing food must:

1. Wash hands before preparing and distributing foods
2. Portion and individually wrap, cover, or package a serving for each child
3. Distribute food directly to each child (i.e., no self serving) using utensils to serve or portion food items, not hands.

EXAMPLES OF PACKAGING INCLUDE:

Food grade paper; paper bags; napkin with twist tie or tape; bowl or plate with a napkin or plastic wrap to cover; or single-use plastic bag or wrap.

We support you to use our programs!

We continue to offer grants for these programs:



Little Food Explorers

AGE: Early Years (1-3 YRS)



Food Explorers

AGE: Kindergarden - Grade 1



Powerful Bones

AGE: Grade 6



Consult your school division and school specific plan for details related to food in your school during COVID-19. Adapting to meet guidelines will be an ongoing process. Take steps to ensure your school is following the most up-to-date information by visiting Manitoba Education's Latest COVID-19 Education News www.edu.gov.mb.ca/k12/covid/

References:

1. Government of Manitoba. (July 30, 2020). Welcoming Our Students Back: Restoring Safe Schools - K-12 Guidelines for September 2020. Retrieved September 16, 2020, from https://manitoba.ca/asset_library/en/covid/k-12-reopeningplan-stage-2.pdf
2. Government of Manitoba. (August 24, 2020). Welcoming Our Students Back: Restoring Safe Schools - COVID-19 K-12 School Settings Practice Guidance and Protocols. Retrieved September 16, 2020, from https://manitoba.ca/asset_library/en/covid/k-12-reopeningplan-guidance.pdf
3. Manitoba Families. (2020, June 23). Coronavirus (COVID-19) Early Learning and Child Care Practice Guidance June, 2020. Retrieved September 16, 2020, from https://manitoba.ca/asset_library/en/covid/famcirculars/Covid-19_ELCC_Practice_Guide_-_UPDATED_June_2020.pdf